



LENTEN



RETREAT



..... a journey

on the CUP of our LIFE

SATURDAY, MARCH 3

9:00 AM - 2:00 PM



St. Christopher's - Damascus Rm.

Reflecting on a cup can become a symbol of our inner journeys. The ordinariness of a cup can remind us of our personal transformation that occurs in the common crevices of each day. In a cup we can see life, with its emptiness, fullness, brokenness, flaws, and blessings. A cup can also be a reminder of our spiritual thirst.

The retreat will have time for reflective input and insights, faith sharing, silent alone prayer time as well as communal prayer. LUNCH is included.

The retreat is open to all adult men and women; facilitated by Sr. Kathy, Parish Pastoral Associate.

REGISTRATION FORM: Please mail and send to St. Christopher Church, C/O Sr. Kathy

NAME: _____

ADDRESS: _____ **PHONE:** _____

PLEASE INCLUDE THE LUNCH FEE of \$10 _____

REGISTRATION by FEBRUARY 24, 2012

